

Allergy Patient Medical History Form

Patient Name: _____
 Age: _____ Sex: _____ DOB: ____/____/____
 Patient Number: _____

Patient Label

A. How many of the following have you experienced?

- | | | | | |
|--|--|--|---|-----------------------------------|
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Fever | <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Drainage | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Weakness | <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Thyroid, High or Low | <input type="checkbox"/> Swollen Lymph Nodes | <input type="checkbox"/> Itching, Rash, Hives | <input type="checkbox"/> Persistent Cough | |
| <input type="checkbox"/> Anaphylaxis (Swelling of tongue or throat, tightening of chest) | | <input type="checkbox"/> Allergic Reaction, <i>specify</i> _____ | | |

B. Allergy Symptoms: *(please check beside all that apply)*

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Blurred vision: <i>Left, Right or Both</i> | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Itching (general) | <input type="checkbox"/> Persistent cough |
| <input type="checkbox"/> Pain/redness in eyes | <input type="checkbox"/> Drainage | <input type="checkbox"/> Rash | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Itchy eyes | <input type="checkbox"/> Itching throat | <input type="checkbox"/> Hives | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Watery eyes | <input type="checkbox"/> Snoring | <input type="checkbox"/> Depression | <input type="checkbox"/> Chest pain |
| <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Tremor | <input type="checkbox"/> Palpitation |
| <input type="checkbox"/> Smell or taste change | <input type="checkbox"/> Headaches | <input type="checkbox"/> Anxiety | <input type="checkbox"/> No sleep/Insomnia |

Are these symptoms constant or intermittent?

During which months do you usually have symptoms?

Do you have any known food allergies? _____

C. Medical Information: *(please check beside all that apply)*

What medications (prescription and OTC) do you take?

- | | | | | |
|--|--|--|--|--|
| <input type="checkbox"/> Aspirin | <input type="checkbox"/> Birth Control | <input type="checkbox"/> Nose Drops/Sprays | <input type="checkbox"/> Antihistamines | List Others

_____ |
| <input type="checkbox"/> Cortisone | <input type="checkbox"/> Antibiotics | <input type="checkbox"/> Hormones | <input type="checkbox"/> Decongestants | |
| <input type="checkbox"/> Tranquilizers | <input type="checkbox"/> Vitamins | <input type="checkbox"/> Thyroid Medication | <input type="checkbox"/> Anticholesterol Medications | |
| <input type="checkbox"/> Sedatives | <input type="checkbox"/> Ointments | <input type="checkbox"/> High Blood Pressure Medications | (Cholestamine) | |

Which medications relieve allergy symptoms? _____

Tobacco Use

- Never Smoked Current, Everyday Smoker Former Smoker (Quit Date: _____)

Have you ever been tested for allergies?

- No Yes, When? _____