

## SYSTEMS REVIEW

As you review the following, please **CHECK** any of those problems which apply to you.

### GENERAL

- Recent weight loss/amount
- Recent weight gain/amount
- Fatigue
- Weakness
- Fever
- Diet Pills

### NERVOUS SYSTEM

- Headaches
- Dizziness
- Fainting
- Muscle Spasm
- Sensitivity or pain of hands or feet
- Memory loss

### EARS

- Ringing in ears
- Loss of hearing

### EYES

- Pain in eyes
- Redness
- Loss of vision
- Double or Blurred vision
- Dryness

### MOUTH

- Bleeding gums
- Sores in mouth
- Dry mouth

### THROAT

- Frequent sore throat
- Hoarseness

### NECK

- Swollen glands
- Tender glands

### HEART & LUNGS

- Pain in chest
- Irregular heart beat
- Sudden changes in heart rate
- Shortness of breath
- Difficulty breathing at night
- Swollen legs or feet
- High blood pressure
- Heart murmurs
- Cough
- Coughing of blood
- Wheezing
- Night sweats
- Pacemaker
- Defibrillator
- Heart Attack
- Stroke

### STOMACH & INTESTINES

- Nausea
- Vomiting of blood/coffee ground material
- Stomach pain relieved by food or milk
- Yellow jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Black stools
- Heartburn

### KIDNEY/URINE/BLADDER

- Difficult urination
- Painful/burning urination
- Blood in urine
- Cloudy, "smoky" urine
- Frequent urination
- Getting up at night to urinate
- Sexual difficulties
- Prostate trouble

### BLOOD

- Anemia
- Bleeding tendency

### SKIN

- Easy bruising
- Redness
- Rash
- Hives
- Sun sensitive (sun allergy)
- Tightness
- Nodules/bumps
- Hair loss
- Color changes of hands or feet in the cold

### MUSCLES/JOINTS/BONES

- Morning stiffness  
Lasting how long:  
 minutes  
 hours
- Joint pain
- Muscle weakness
- Muscle tenderness
- Joint swelling

**Please list any complications that are not listed above:**

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**Physician Signature**

Date: \_\_\_\_\_